

## **Types of Long Term Care Services**

Long term care (LTC) refers to care that is required by people for an extended period of time because of medical, physical, and cognitive conditions caused by accident, illness, or frailty. LTC involves receiving assistance or supervision to perform activities of daily living when these tasks can no longer be performed independently.



## Home Health Care

In Home Care

Features:

- Homemaker Services
- Personal Care
- Nursing Services
  - RN
  - LPN
  - Health Care Aide
  - Personal Care Aide
- Therapy Services
  - Speech
  - Respiratory
  - Physical

Adult Day Care

Community Day Care Services

## Features:

- Part-Time Care in a Group
  Setting
- Social Interaction and Security

Assisted Living Facility Adult Foster Home Residential Health Care

Apartment-Like Conditions

Features:

- Personal Care Assistance
- Non-Skilled Care Services

Hospice Care

End of Life Care for the Terminally III (6 months)

## Features:

- Inpatient Facility Care
- In-Home Care



Nursing Facility Nursing Home

Institutional Care Facility (due to necessity)

Features:

- Skilled Care
- Intermediate Care
- Custodial Care

Contact CBS Brokerage at 763.450.1870 for more information on beginning the LTC discussion with your clients.

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